

Sacred Trek

The Questions of Jesus

65 Questions from the Four Gospels

Jesus asked over 307 questions in the Gospels.
He answered fewer than three of the 183 questions put to him.
Every question is an invitation to deeper relationship.

Read slowly. Sit with one question.

Let it sit with you.

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How to use this resource: Take one entry at a time. Read the text slowly. Sit with the reflective prompt. Do not rush to the next. This is prayer, not reading.

The Questions · Group I

Questions of Identity

Jesus asks who he is — and who we are

These are the questions at the center of everything. Before doctrine, before practice, before any answer we might give about faith — Jesus asks us to look at him and say what we see. Every other question flows from these.

? **“What are you looking for?”**

John 1:38

Beneath the surface of your searching today — what are you actually looking for?

? **“Why do you ask me about what is good?”**

Matthew 19:17

Who do you believe has the authority to define what is good?

? **“Who do people say the Son of Man is?”**

Matthew 16:13

What do the voices around you say about Jesus?

? **“But who do you say that I am?”**

Matthew 16:15

Set aside every other voice. Who do you say he is?

? **“Do you believe that I am able to do this?”**

Matthew 9:28

Not in general — do you believe he is able to do this, for you, now?

? **“Why do you call me good?”**

Mark 10:18

What does your answer reveal about what you believe about Jesus?

? **“Do you believe in the Son of Man?”**

John 9:35

Not belief about him — belief in him. Is there a difference in how you live it?

? **“Do you believe this?”**

John 11:26

He has just said: I am the resurrection and the life. Do you believe this?

? “Have I been with you so long, and you still do not know me?”

John 14:9

How long have you been with him? What do you still not know?

? “Woman, why are you weeping? Whom are you seeking?”

John 20:15

He addresses each of us by name at the tomb. What are you seeking?

The Questions · Group II

Questions of Faith

Jesus asks about trust, doubt, and belief

Jesus never rebukes fear as weakness. He asks about it — which is different. He wants to know where faith broke down, not to condemn but to rebuild. Every question here is an invitation to name the precise place where trust faltered.

? ***“Why are you afraid, O you of little faith?”***

Matthew 8:26

Name the storm. Name the specific fear underneath your lack of peace.

? ***“Why did you doubt?”***

Matthew 14:31

Peter walked on water until he noticed the wind. What have you noticed that made you sink?

? ***“O faithless and perverse generation, how long am I to be with you?”***

Matthew 17:17

Where has your faith demanded proof before it would move?

? ***“When the Son of Man comes, will he find faith on earth?”***

Luke 18:8

What would he find in you, today?

? ***“Where is your faith?”***

Luke 8:25

Not whether you have it — where is it? What has it been placed in?

? ***“Did I not tell you that if you believed you would see the glory of God?”***

John 11:40

What glory are you missing because you have not yet believed?

? ***“You believe because you have seen me. Blessed are those who have not seen and yet have believed.”***

John 20:29

What do you believe that you cannot see, touch, or prove?

? ***“Why are you troubled, and why do doubts arise in your hearts?”***

Luke 24:38

He asked this after the resurrection. What doubts are arising in you right now?

? “Is it not written: My house shall be called a house of prayer?”

Mark 11:17

What have you allowed to displace prayer in the places where it belongs?

The Questions · Group III

Questions of Healing

Jesus asks about wholeness — of body and soul

Every healing in the Gospels begins with a question or a conversation. Jesus never heals automatically. He asks — because he wants to know what you want, whether you are willing, and whether you believe. Healing is always a relationship.

? “Do you want to be healed?”

John 5:6

Are there wounds you have learned to live with that Jesus is asking about today?

? “What do you want me to do for you?”

Matthew 20:32

He already knows. He asks because your answer matters. What do you want?

? “Who touched me?”

Luke 8:45

The woman had been reaching for him in a crowd. When did you last reach for him like that?

? “Do you see this woman?”

Luke 7:44

Who in your life are you not truly seeing — and what would change if you did?

? “Which is easier, to say your sins are forgiven, or to say rise and walk?”

Matthew 9:5

Which healing do you need more: of body or of soul?

? “Were not ten cleansed? Was no one found to return and give praise to God except this foreigner?”

Luke 17:17-18

What has God done for you that you have not yet thanked him for?

? “How long has this been happening to him?”

Mark 9:21

How long have you carried what you are carrying? Have you brought it to him?

? “Do you believe I am able to do this?”

Matthew 9:28

Not in theory — for this specific thing you are carrying, do you believe he can?

? “Why do you make a commotion and weep? The child is not dead but sleeping.”

Mark 5:39

What situation looks like death to you that Jesus might call something else?

The Questions · Group IV

Questions of Love

Jesus asks about seeing, loving, and serving

The questions Jesus asks about love are almost always about a specific person. Not love in the abstract — love of this neighbor, this enemy, this woman who is weeping. He asks because he wants to know whether we see the people in front of us.

? “Which of these three do you think was a neighbor to the man who fell into the hands of robbers?”

Luke 10:36

Who is your neighbor right now — the one you would rather not notice?

? “Do you see this woman?”

Luke 7:44

He asked Simon this. Simon was in the same room and did not see her. Who are you not seeing?

? “Simon, son of John, do you love me more than these?”

John 21:15

More than what? What are the “these” in your own life?

? “Simon, son of John, do you love me?”

John 21:16

The second time. He asks again. Does the repetition disturb you or comfort you?

? “Simon, son of John, do you love me?”

John 21:17

The third time. Peter was grieved. What does it feel like to be asked this again?

? “If you love those who love you, what reward do you have?”

Matthew 5:46

Who is hardest for you to love? What would it look like to begin?

? “What do you want me to do for you?”

Mark 10:51

He asked blind Bartimaeus. He asks you. Answer without qualification.

? “And why do you not judge for yourselves what is right?”

Luke 12:57

Where are you waiting for someone else to tell you what you already know?

The Questions · Group V

Questions of Understanding

Jesus asks about perception, Scripture, and wisdom

Jesus was endlessly patient with confusion but never comfortable with it. He asked questions to move people past the surface — past what they thought they knew — into something deeper. These questions are an invitation to look again.

? “Do you not yet perceive or understand? Are your hearts hardened?”

Mark 8:17

Where has familiarity made you stop perceiving what is actually in front of you?

? “Having eyes do you not see, and having ears do you not hear?”

Mark 8:18

What is God saying or showing you that you have been declining to notice?

? “Do you not understand this parable? How then will you understand all the parables?”

Mark 4:13

Which of Jesus's teachings have you never quite understood but never quite asked about?

? “Have you not read what David did?”

Matthew 12:3

How well do you know the Scriptures? What would you discover if you read more slowly?

? “Are you not in error because you do not know the Scriptures or the power of God?”

Mark 12:24

Where might your understanding of God be limited by what you have not yet read or prayed?

? “If I have told you earthly things and you do not believe, how can you believe if I tell you heavenly things?”

John 3:12

What basic truth of the faith have you not yet made your own?

? “Why do you not understand what I say?”

John 8:43

What is it in you that resists what Jesus is saying?

? “Were it not necessary that the Christ should suffer these things and enter into his glory?”

Luke 24:26

Was it necessary? What does your heart answer?

? “What were you discussing on the way?”

Mark 9:33

What do you spend your energy on when no one important is watching?

The Questions · Group VI

Questions of Mission

Jesus asks about discipleship, obedience, and fruitfulness

These questions press on the gap between hearing and doing — between calling Jesus Lord and living as though he is. They are among the most searching questions in the Gospels, because they are aimed at people who already believe.

? “Why do you call me Lord, Lord, and not do what I tell you?”

Luke 6:46

Name one thing Jesus has told you that you have been not doing.

? “Can the blind lead the blind? Will they not both fall into a pit?”

Luke 6:39

Who are you following? Are they seeing clearly?

? “If you greet only your brothers and sisters, what more are you doing than others?”

Matthew 5:47

What distinguishes your love from ordinary human affection?

? “For what will it profit a man if he gains the whole world and forfeits his soul?”

Matthew 16:26

What are you trading your soul for, in small daily increments?

? “Are you still sleeping and taking your rest?”

Matthew 26:45

Where have you been spiritually asleep while something required your wakefulness?

? “Salt is good, but if salt has lost its saltiness, how will you make it salty again?”

Mark 9:50

Where has your witness become bland? What would restore it?

? “Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye?”

Matthew 7:3

What fault in others are you most quick to notice? What does that reveal about you?

? “Which of you, desiring to build a tower, does not first sit down and count the cost?”

Luke 14:28

What commitment have you made to Jesus that you have not yet counted the cost of?

? “Why are you anxious about clothing? Consider the lilies — are you not of more value?”

Matthew 6:28-30

What worry is consuming energy that belongs to trust?

? “You are the light of the world — but does your light shine, or do you hide it?”

Matthew 5:14-15

What are you hiding that was meant to illuminate someone else's darkness?

The Questions · Group VII

Questions from the Passion

Jesus asks in the garden, at the cross, and beyond

In his final hours Jesus still asks questions. In Gethsemane, on the cross, on the road to Emmaus, and after the resurrection. These are the questions he asks when the cost is highest — and they are the most personal questions in all of Scripture.

? “Could you not watch with me one hour?”

Matthew 26:40

He asked his closest friends. He asks you. What keeps you from one hour?

? “Are you still sleeping and resting?”

Matthew 26:45

The hour had come. What hour is coming in your life that requires you to be awake?

? “Judas, would you betray the Son of Man with a kiss?”

Luke 22:48

Where do your outward gestures of devotion conceal inner distance?

? “Friend, why are you here?”

Matthew 26:50

He called Judas "friend." What does it mean that Jesus calls even those who betray him friend?

? “My God, my God, why have you forsaken me?”

Matthew 27:46

He prays Psalm 22 from the Cross. Have you ever felt forsaken? Bring that feeling here.

? “Woman, why are you weeping? Whom are you seeking?”

John 20:15

He asks Mary in the garden. He asks you. What grief are you carrying to the tomb?

? “Were it not necessary that the Christ should suffer these things and enter into his glory?”

Luke 24:26

The disciples on the road did not yet understand. Do you understand why it was necessary?

? “Why are you troubled, and why do doubts arise in your hearts?”

Luke 24:38

He appeared after the resurrection and still they doubted. What doubts remain in you?

? “Have you anything here to eat?”

Luke 24:41

He ate with them after the resurrection. He is present in the ordinary. Where is he in yours?

? “Do you love me?”

John 21:17

The last question Jesus asks Peter. The last question he asks you. What is your answer?



One question. One command. One week.

This material is not meant to be read through at once. Take one entry. Carry it through your day. Return to it before sleep. Let it surface in ordinary moments.

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